# **Messages this Week**

elcome to worship! **Can Christians be depressed? Is this a spiritual battle?** Along with being our partner in mission to the Philippines, Melanie is a trained and licensed counsellor who works with teenager and adults, locally and internationally. She regularly deals with issues related to anxiety, depression, distress, relationship challenges, career development, addictions, abuse, self-esteem, grief and more.





#### SUMMER CAMP WEEK 1 HIGHLIGHTS

What an amazing first week of camp! We were so happy to be able to do more activities and have the kids choose their fun for each afternoon. We focused on **Creation** for our Bible time each day, and helped the kids understand how Science and the Bible work together! They had so much fun doing experiments every morning and our field trip to Science East was a hit! We also are focusing on outreach this summer, so the kids made birthday cards and general cards for kids at the homeless shelters and teens at Chrysalis house. Favorite of the week, our new waterslide was a huge hit!! We can't wait to kick off our VBS week, please be in prayer for us all. Thank you!









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Senior Pastor Rev. Pastor of Seniors Visitation Organist/Accompanist Choir Director Church Office Administrator Dr Peter Lohnes Rev. Scott Dunham Julie Probert Erma Hawkes Lisa Melanson

For full information on in-person and online worship options including Covid protocols, please refer to the back page of the bulletin.

# SUMMER CAMP WEEK 1 HIGHLIGHTS CONT.



# **Science East**



PRAYER MINISTRY

# Grace Weekly Prayer Guide July 25-August 1

SCCR: Stephanie Pollock

DECH: Kay White (physio), Marg Pollock

At Home: Helen Currie, Faye Jeffery, Sheila Martin, Heather Fletcher-Switzer, David Irving, Maureen Arp, Gordon Palmer, Rose Marie Patterson, Shirley Pierpoint & family, James Rankine, Edgar & Dorothy Barrieau, Kathy & Lewis Margeson, Teddy & Claire Randall, Layton & Doreen McClare Shannex: Dorothy Wilson, Velma MacDonald, Gregory Nickerson, Dora Dunham, Georgie Boldon Farraline Place: Phyllis Betts Pine Grove: Enide Smith Veterans' Health Unit: Helen White, Walter Currie Windsor Court: Eileen Wallace



## YOUTH PRAYERS Please pray for:

Our youth working in a secular setting this summer - pray that they will find success without needing to compromise their faith; pray that they will have a positive impact on their work settings.

• The families of our youth - pray that parents will seek to lead their families with integrity and align their parenting with the values of Christ. Pray for patience and empathy when working with their teens. Pray that God will surround the families of our youth with his love.

#### Thank you for praying for our youth as they grow in CHRIST



### Please join us in prayer for:

Our **VBS** camp this year, as we look to the **High Seas** and explore 5 Bible truths: God's Word is True, God's Word is Comforting, God's Word is Surprising, God's Word is Life Changing, and God's Word is for Everyone! This is always one of our favourite camps of the summer, and one of our most popular. Join us in praying that these truths make their way into the children's hearts and take root.

#### WORSHIP OPTIONS



**IN-PERSON WORSHIP SERVICES:** Join us for two days of the week for worship; our Wednesday evening service at 7:30 p.m. or Sunday morning service starting at 10:30 a.m.

We would love to see you, but if you feel unwell, or have recently travelled outside the "Atlantic Bubble," please choose to stay home until a more appropriate time. While we are in the Yellow phase:

- Please enter the building via the Welcome Centre doors, where someone will pleasantly greet you, but not shake your hand. They will also record your name and phone number.
- Please use the hand sanitizer as you enter.
- Please wear a mask while you are in the building.
- Seating is limited. Certain pews are roped off to allow for 6 feet between households. Please only sit with your "steady friendship bubble of 15".
- We'll not be handing out bulletins, nor passing around a collection plate. Boxes are available along the back
  wall for you to drop your offering into while entering or exiting the sanctuary.
- We'll make the Sunday morning experience as child friendly as we can, since we can't offer children's programs or nursery at this time. We are also aiming to keep the services under 45 minutes.



**THIS WEEK@GRACE ONLINE:** You can still join us online if you do not feel comfortable coming to church. Go to our web page, gracememorial.ca or on YouTube, search Grace Memorial.

**WAYS TO GIVE** – Thank you for your faithful giving during this period when many find it difficult. It is a blessing to our Grace Community of Faith. We currently have four methods of giving:

**PRE-AUTHORIZED DEBIT** – You can set up an automatic withdrawal from your account to Grace. If you wish to start, contact the office.

**DROP-OFF** – Use the Northumberland Street door during office hours T-F 8:30-4:30, ring the bell to enter. Tellers are processing dropped off offerings about once every two weeks.

**E-TRANSFER** – Please clearly note in the message section of the e-transfer how much you are directing to particular funds (For example: Current, Missions, Building, Easter). Funds that are not designated will be directed to Current expenses. Send e-transfers to our church Treasurer, Jim Monteith, at jamesmonteith@rogers.com.

**CANADA HELPS** - Canada Helps is a registered charity that collects online donations, then passes them on to the charity. Go to canadahelps.org, search for Grace Memorial Baptist. Then follow the instructions to make a donation.

Thank you!

BUILDING A COMMUNITY OF GRACE; A CHRIST-CENTRED MOSAIC

MANY PEOPLES – ONE COMMUNITY